

# Top 10 steps to consider when looking for a job



## 1. Set some goals

Review your career path. Define your ideal job and how to get there.

## 2. Network with others to find job leads

Talk to family, friends, neighbors and former colleagues to tell them you're looking for a job. You may be surprised how many leads you'll find through people you know.

## 3. Know what to do with your retirement money

You can talk to TIAA about your [options](#).

## 4. Keep spending in check

Consider creating a short-term financial strategy using our [budget worksheet](#).

## 5. Check your insurance coverage

See if you can extend [coverage like health](#), life and disability insurance from your previous employer or get temporary coverage to help protect your savings.

## 6. Don't mortgage your future to fund your present

Resist the temptation to withdraw from your retirement savings to finance your transition. The cost is usually [higher than it's worth](#).

## 7. Review potential employer benefits

Check the benefits, including insurance coverage. Know about any tax advantages and options like health savings accounts to help you plan wisely.

## 8. Stay positive

Talk to others for support. Sharing experiences can help you stay confident about your future.

## 9. Let the professionals help with the tough financial stuff

You can speak with TIAA to help you put a financial plan in place for your future.

## 10. Celebrate your progress

Don't forget to relax and take care of yourself. Eat regular meals. Get enough sleep. Read a book. Close your laptop and go outside.

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